ARDENT POLICEMAN AND MENTOR TO RURAL YOUTH
"The SAPS pays tribute to members who lost their lives in the line of duty between the period 16 - 01 - 2015 and 15 - 03 - 2015 and whose cases have been finalised.

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<tr>
<th>PERSAL NR</th>
<th>RANK</th>
<th>SURNAME &amp; INITIALS</th>
<th>COMPONENT</th>
<th>DATE OF DEATH</th>
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<td>2026451 – 8</td>
<td>Sgt</td>
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<td>2015 – 03 – 02</td>
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<td>7019225 – 1</td>
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<td>7073229 – 9</td>
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<td>7190014 – 4</td>
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<td>Somerset West Crime Prevention</td>
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<td>Gingindlovu Operations Commander</td>
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<td>Sgt</td>
<td>Mohlalisi TJ</td>
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<td>Const</td>
<td>Mashele T</td>
<td>Sebenza Sector Teams</td>
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* (Motor vehicle accident)
In this issue, we honour the two SAPS members who died in the line of duty in a horrific accident, which also claimed the life of Minister of Public Service and Administration, Collins Chabane. The management of the SAPS and colleagues of Sergeants Lesiba Samuel Sekele and Mareme Lawrence Lentsoane honoured their lives at a memorial service, held in Pretoria.

Drug dependency remains a major challenge in our country and the EHW Division focuses on the specifics of drug dependency in this issue. The abuse of technology to commit felonies is highlighted in the awareness article on WhatsApp fraud.

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Because of the criminality continuing to engulf our society, two of our members have, once again, fallen victim to the ruthlessness of criminal elements and have been murdered while on duty in a shooting incident on the N3 highway at the end of last month.

We cannot stand aside and watch this type of lawlessness unfold; where even police are no longer safe to discharge their duties. Something has got to give.

The management of this organisation takes this matter in a very serious light because a life of a member lost is a life too many.

It is for this reason that a comprehensive strategy has been completed, that will concentrate on situational awareness training and the use of personal safety gear.

This new strategy is very important, particularly at this time when we have declared an all-out psychological war against violent criminals in this country, particularly in Gauteng, WC and KZN. We will continue the fight against crime within the parameters of the law and will ensure that our members did not die in vain. We shall not rest while crime is on the rise: ours is to ensure that we keep the streets clean and remove criminals.

One other critical matter facing us is resource management. With the changes in recent population migration and settlement patterns, many poor communities still do not have access to policing services. The historical geographical patterns of inequality must also be addressed.

Since the advent of democracy, 120 new police stations have been built across the country, but more need to be built to address the growing demand. Crime is also evolving and needs to be addressed with new methods. As a member of SARPCCO, the SAPS continues to play an instrumental role in the combating of transnational crime.

Unfortunately there are still members who choose to become part of the problem instead of the solution. In view of the recent court appearance of a number of DPCI (Hawks) members in KwaZulu-Natal on various charges and the sentencing of a former policeman to life in jail on charges of armed robbery and rape in the Bronkhorstpruit Regional Court, we once again sternly warn our members against violating the law.

As management, we shall not tolerate lawlessness or condone criminal or corrupt activities in any way, shape or form.

I want to reiterate what I recently told new recruits and the trainees who had successfully completed their two-year Basic Training Learning Programme at the Tshwane Training Academy, that “being behind the badge never gives you the right to walk over the rights of the citizens you serve. If we forget what we have been taught and stop living our Code of Conduct, we become derailed. When we are derailed, we become corrupt, eliciting bribes, carrying out unlawful arrests and committing criminal acts which can result in millions of rands being lost in lawsuits against the SAPS”.

I urge all members to embrace the multiplicity of your roles in society, since society perceives a police official as a jack of all trades. To all our members who are keeping up the fight against crime, thank you and continue with your good work.

General Riah Phiyega
The Deputy Minister of Police, Makhotso Maggie Sotyu, supported by the National Head of the SAPS’s Employee Health and Wellness Programme, Maj Gen Mzwandile Mzamane, launched a health programme to get police officials fit and well.

On Wednesday, 11 March 2015, Ms Sotyu visited the Gugulethu and Nyanga areas, exhorting police officials to live healthy lifestyles.

She launched the programme to prioritise the health and wellness of active police officials in the Western Cape.

“We must look after the health and wellness of our crime fighters,” she said.

The Deputy Minister also visited the Gugulethu Police Barracks to inspect the living conditions of the police officials.

She met with several stakeholders to discuss factors that inhibit the optimal performance of an active police officer when they respond to complaints and crime scenes.

Each stakeholder made a brief presentation about how they could help the SAPS, and the community police forums (CPF) pledged their support.

Ms Sotyu said: “It is the goal of the Ministry of Police to ensure that the National Employee Health and Wellness Strategy is properly mainstreamed, customised and applied to the SAPS for a holistic SAPS Employee Health and Wellness Programme”.

“Therefore, matters of living conditions, family situations, career stagnation and lack of promotion of a police officer, will be comprehensively addressed. A police officer with a healthy morale will perform his or her duties well.”

She said that each police station should have a gym for members to work out and get fit.

A representative of Old Mutual, Metropolitan and others gave a brief presentation of what they are offering to help and support police officials.

Mr Aubrey Ntuli (Old Mutual) told the meeting about the importance of a police official having his or her financial planning and management in place, while Mr Mbasa Mxenge (Polmed) said that the mental health “is one of the key issues” in the well-being of a police official.
The Employee Health and Wellness Section (EHW) hosted a wellness day for women in leadership at the level of brigadier at the Tshwane Academy on 24 February 2015. The aim of the day was to encourage female leaders to lead with passion and to support fellow members on all levels.

“As a female leader, you should have empathy, good self-definition, self-respect and respect for others.”
– General Riah Phiyega
The programme included guidance by experts in the field of substance abuse, rape, gender-based violence and financial planning, as these topics are of much concern to the SAPS.

In his welcoming address, the Head of Organisational Development, Maj Gen Jack Makgato said that women leaders have unique qualities which stem from their nurturing natures. As wives and mothers, they naturally develop skills such as assertiveness, calculated risk-taking, empathy and flexibility.

The Divisional Commissioner: Inspectorate, Lt Gen Sharon Jephta, introduced the National Commissioner by likening her to the life-giving Jordan River which energises and invigorates its branching rivers.

The National Commissioner of the SAPS, Gen Riah Phiyega, said: “I am so proud to see a room full of female leaders. This is a celebration of the progress of this country and I am here today to encourage you in your leadership”.

She said: “I need to remind you that the determination of where you are going is not in anybody else’s hands or in your circumstances. Your advancement in life lies within you and only you can deal with your demons. Nobody must define you, but yourself.”

She said that she favours the qualities of two specific animals because they never lose their strong qualities despite their circumstances. The one is the crocodile which is tough-skinned, resilient and striking with unique, everlasting art on its body. The other is the duck, which has beautiful, shiny feathers from which it can just shake off water. The duck looks still and calm in the water, yet it is paddling actively under the water all the time.

Gen Phiyega said: “I am urging you to be still and confident, but work hard. Keep in mind that we are not second-rate men, but rather first-rate women. We are not man-bashers and we do not lose our femininity in this harsh working environment. As a female leader, you should have empathy, good self-definition, self-respect and respect for others.”

General Phiyega stated firmly that the SAPS is a two-winged bird – the one being men and the other women - and that it needs both wings to fly.

Next on the programme, Dr Elca Erlank of the Stabilis Treatment Centre in Pretoria gave some insight into alcohol and drug addiction. Research on the treatment of drug and alcohol addiction has gained significant ground over recent years. In-depth, cognitive and behavioural therapy with medical management form part of successful treatment. Contact the Stabilis Centre for the numbers of treatment centres all over South Africa.

CONTACT NUMBERS: 012 333 7702 or 083 256 5780.

The founder of the TEARS foundation, Ms Mara Glennie spoke on the impact of rape and sexual abuse in South Africa. She said: “Rape is a four-letter word everyone in South Africa knows. The TEARS foundation is a bridge between those affected by rape and sexual abuse and service providers at appropriate quality care centres. We aim at educating ourselves, our children and our loved ones about rape and sexual abuse. By changing the values and attitudes of our society, we can rid our country of this horror”.

TEARS provide instantly-accessible information about all aspects of rape and sexual abuse, to facilitate better care, proper support and positive outcomes for victims.

TEARS developed a LifeBoard specifically to educate the youth. It is an interactive board game endorsed by the Department of Basic Education, for South African schools to teach our youth about protecting themselves from the unwanted and inappropriate sexual behaviour of others.

CONTACT NUMBERS:
DIRECT LINE: 010 590 5920
EMAIL: info@tears.co.za
DIAL: *120*7355# (terms and conditions apply)
WEBSITE: www.tears.co.za

The day’s programme ended with Ms Allysa Qupa of Old Mutual giving perspectives on financial planning. She touched on the mapping of one’s financial journey, capital and income, asset protection, education, investment planning, retirement and drafting a valid will.

SAPS members are encouraged to visit a financial planner to assist them with personal advice in structuring their finances.

Visit your nearest Old Mutual branch or contact Allysa at 012 433 9100 or aqupa@oldmutual.com regarding corporate presentations.
This year marks 20 years of policing in the democratic dispensation, which heralded an epoch of freedom to the citizens of the Republic of South Africa. Much has been done and much more still has to be achieved. Since the dawn of democracy, we as the SAPS have contributed to the transformation of the organisation by ensuring that we uphold the values of our Constitution.

After the amalgamation of the SAPS, the National Commissioner was given the responsibility of leading the police services of all nine provinces across the country. Among notable milestones in the two decades of its existence, was the appointment of the first female National Police Commissioner in the history of South Africa.

National Commissioner Mangwashi Victoria “Riah” Phiyega became the first woman to be an accounting officer in the SAPS and proved that indeed, the wheels of transformation are turning. To date, the General as she is affectionately known in police circles, is leading over 200 000 men and women in blue across the length and breadth of South Africa, and her diligence and professionalism continue to prove that she is not just a political appointee to erase the gender disparities, but a shrewd leader with a mission to change the policing landscape for the better.

Since the ushering in of democracy, the SAPS has built over 120 police stations across the country and more are still to be built to serve the people of South Africa. Within its 20 years of existence, the SAPS has built a state-of-the-art forensic laboratory in Cape Town that is among the finest in the world, to render a swift and accurate service to our communities. For the first time in history, the SAPS has established a university of policing in Paarl, Cape Town. The initiative is a cooperative partnership with one of South Africa’s best institutions of higher learning, namely Unisa.

The SAPS is playing a very instrumental role in the fight against cross-border crime in the SADC region and is currently at the helm of the Southern Police Chiefs Cooperation Organisation (SARPCCO). In addition, the professionalisation of the SAPS and the people-centric approach are contributing to curbing the scourge of crime so that the people of this country are and feel safe. As much as crime and criminality evolves, the SAPS is also ensuring that it empowers and equips its members with proactive skills based on the evolution and the dynamics of crime.

As we remain resolute on our course of combating crime, we must strengthen our partnerships with the communities and the private sector to assist us with eradicating crime.

Progress is being made in the fight against rhino poaching and drug smuggling in the country and with the assistance of one of the most intrepid units born in the past 20 years, namely the Hawks. We are indeed winning the battle against these crimes.

The loss of our members at the hands of criminals will not go unnoticed – may their souls rest in peace. We have ensured that those of our own members who were corrupt and in cahoots with criminals, were sent to prison. We therefore send a strong message to our members and communities alike that crime does not pay. As the SAPS, we will ensure that we leave no stone unturned to eradicate crime. We do not tolerate lawlessness, neither do we condone any act of crime in any form, shape or size.

On 27 April, we will be marking 21 years of democracy as a country. We need to pause and reflect whether we have achieved what we ought to have achieved for the citizens of our country. As the law enforcement agency in South Africa, we need to remember that we are beholden to the citizens of the country and not the other way around. We should always remember that the safety of our people lies in our hands, and serving them is mandatory.

As law enforcers, let us enjoy our freedom within the ambit of the law, while securing and building a cohesive society where everyone lives in peace and tranquillity.
On 19 March 2015, the Sekele and Lentsoane families joined the South African Police Service to bid farewell to the late Sergeants Lesiba Samuel Sekele and Mareme Lawrence Lentsoane at a memorial service at the SAPS Tshwane Academy. This coincided with the late Minister Collins Chabane’s memorial service, which was held at the Tshwane Events Centre.

Sergeants Lesiba Sekele (38) and Lawrence Lentsoane (37) died tragically alongside the Minister of Public Service and Administration, Collins Chabane, in a motor vehicle accident between a truck and the Minister’s vehicle on the N1 Highway outside Polokwane on Sunday morning, 15 March 2015. The police officials were members of the Protection and Security Services Division.

The two late members’ photographs were displayed at the church entrance and also on a stand inside the church, near the stage and podium. Members of the SAPS and the public had the opportunity to write messages in a condolence book at the church door.

Numerous government ministers attended the memorial service, including dignitaries such as the Chairperson of the AU, Dr Nkosazana Dlamini-Zuma, and first lady, Bongi Ngema Zuma, as well as the SAPS’s top management.

During the memorial service, the Acting National Commissioner, Lt Gen Nobubele Mbekela, paid tribute to Sergeants Sekele and Lentsoane and thanked the families of the late police officials, who allowed them to serve in the SAPS. She reiterated that policing is not job, but a calling. She said that they had served this nation to their best ability and that we, as a country, are grateful for that. She also conveyed condolences to the bereaved families and friends on behalf of the SAPS.

“We should celebrate their lives while we are mourning. We want their families to cherish their special memories and hold it close to their hearts. These members were committed to the Constitutional mandate of the SAPS and they loved their jobs. Their contributions to VIP Protection Unit will never be forgotten,” said Lt Gen Mbekela.

The Deputy Minister of Police, Ms Makhotso Sotyu, praised Sergeants Sekele and Lentsoane for providing personal support to the late Minister Chabane in a professional manner, by ensuring that he started each day punctually and protected. “These are factors that promoted the good reputation of Minister Chabane, as he was rarely late for his official engagements,” said Ms Sotyu.

Finally, she emphasised that the Ministry of Police have decided to prioritise the health and wellness of every active police official for the Governance Term, 2014-2019. “Our protectors often work long shifts. Shifts include evenings, weekends and holidays, thus we need also to focus on them,” said Minister Sotyu.

The late Minister Chabane’s wife, Mavis Chabane, gave appreciation to the families of the late sergeants, who provided personal security to her husband. “I thank their families, who went through many times without seeing their loved ones, who were in service to my husband,” said Mrs Chabane.

Minister Collins Chabane and Sergeant Lentsoane were laid to rest on 21 March 2015 and Sergeant Sekele was buried on 22 March 2015. May their souls rest in peace.
Wednesday, 27 February 2015, marked the first anniversary of the fatal truck explosion which claimed the lives of four police officials at the Ysterberg Mountain on the N1 North, between Mokopane and Polokwane in Limpopo. We all use the term “it is amazing how time flies,” but to Constables Tinyiko Mongwe and Victor Moloto, who miraculously survived the unprecedented explosion, it has been a long and traumatic year.

The SAPS Journal took time to have an interview with both Const Mongwe and Const Moloto to determine how they are. When Constable Mongwe was visited at his workplace at the Polokwane Accident Unit, he had just returned from performing his duties outside the office and it was clear that he was enjoying his work.

Of all the survivors, Const Mongwe was the most unfortunate as his leg had been amputated and he is now using a prosthesis. He spoke openly about how he struggled to recover, how he came to terms with the fact that he had lost his colleagues and his leg, as well as how the post-accident duties have been. “I really need to thank the EHW for being there for me. They were there every step of the way. I have come to understand that, in the SAPS, we truly are a family. I am back at work now but things might have been different if I did not have EHW’s counselling and support,” he explained.

Const Mongwe got emotional when he spoke about how much he missed performing operational duties. He said he loved his previous job, but circumstances were different now. “I am now office-bound, working from 07h00 to 16h00. This is how I am serving the nation now, but I really miss saving people’s lives and being out there all the time. It was a difficult transition but I am getting used to working and the computer and writing reports. I love my job and I am prepared to do whatever it takes to render services to the public. The accident changed my life and I believe God had this planned for me,” an emotional Mongwe continued.

He spoke highly of, and gave gratitude to, the management of the SAPS in Limpopo. He thanked his former commander, Lt Col Matsaung, WO Tshivhase, his family and colleagues for being with him during his darkest hour. “These people eased my pain. Seeing them every day was so touching and it gave me strength. I was wheelchair-bound but now I am able to walk again. I am back on duty and the support I still get from my colleagues, is that of brothers and sisters. I am grateful to have met this fate as a cop, because I have a loving family at home and at work,” Const Mongwe said with a huge smile.

For Const Moloto, the explosion was an experience he will never forget. He said every time he hears sirens or comes across police along the road he is reminded of the time he was one of the first persons at the accident scene. He is now stationed at the provincial office, doing medical administration work at the HRM. He describes this environment as “a perfect place for one to refocus and rebuild one’s self-confidence”.

“The doctor ordered me to be on consistent medication for 12 months and although there have been some glitches, all is well. At first I was upset when I was told that I was coming to work here. I wanted to work at cluster level and be active on the streets. I was bitter when that offer was turned down, but now I see that my commanders acted as parents. They knew I was not ready yet for the hectic schedule and they were right. I have peace of mind here and I am slowly but surely getting back to my old self,” he said.

Const Moloto yearns to join the Crime Prevention Unit and do what he loves to do most, which is putting criminals behind bars. Now he believes that his life was spared for a reason and he wants to continue answering the call of duty. “I am not saying I am not cut out to be an office-bearer, but my calling is to be a functional police officer and apprehend perpetrators. After completing my rehabilitation, I will strive to join the Crime Prevention Unit,” he explained.

The Head of Spiritual Services at EHW, Lt Col (Chaplain) Sello Mabe, remembers the events of that day as if it was yesterday. He said he had never endured so much trauma in his life and he found it fulfilling to see the survivors back on duty. “We had to take family members to the scene of the explosion and there were still body parts on the scene. Family members had to do DNA tests to identify body parts and that was very traumatic. As Spiritual Services, we drew strength from God to do what was required from us. Our work was made easier by the families who were cooperative and understanding. We pray that such a horrific accident will never happen again,” he concluded.

Another survivor, Captain Stephanus Erasmus, could not be reached at the time of the interviews.
The North West Provincial Crime Prevention Unit conducted a successful three-day Crime Prevention Youth Summit. The summit was held in the Rustenburg Civic Centre, where more than 700 students from different schools around the province attended the event.

It started on Sunday, 1 March 2015 with the Rustenburg Cluster Commander, Maj Gen William Mpembe, welcoming the students. The aim of the summit was to decrease the escalating crime involving young people in the province.

Lt Gen Zukiswa Mbombo, the Provincial Commissioner North West, said she was very concerned when she visited the Potchefstroom holding cells and saw the number of young people who were behind bars. In her speech, Lt Gen Mbombo said that she wanted young people to cooperate with the police. “I want us to limit the number of young people who end up in prison. They must be in school, not in jail,” said General Mbombo.

She added that three out of five rape cases that are reported at our police stations, were committed by young people. Lt Gen Mbombo stressed that the North West police are determined to change that by introducing positive activities that will occupy the young people and prevent them from becoming involved in crime.

The students who attended the Youth Summit, said they were happy that the SAPS presented the summit. The students were divided into seven commissions where they discussed topics that would build their future. Outside the Civic Centre’s hall, the SAPS exhibited interesting displays to encourage the students to learn more about the SAPS.

The Department of Correctional Services was also part of the summit. Upon closing the summit on Tuesday, 3 March 2015, Maj Gen Naidoo promised the students that the Crime Prevention Unit would be continuing to engage with the youth of North West.
On the surface, WO Andries Douglas might seem to be yet another good police official with great drive and a megawatt smile. But he is so much more than that.

WO ANDRIES DOUGLAS – ARDENT POLICEMAN AND MENTOR TO RURAL YOUTH

By Lt Col Erica Holtzhausen
Photographs supplied by WO Andries Douglas

“The Reading For Life”, and development programmes in the farming communities, which complete the picture of a man with vision.

WO Douglas started practising the art of karate when he was about nine years old. Today he is the President of the Western Cape Martial Arts Association, the provincial division of the Martial Arts and Games Committee South Africa (MASA).

He also serves as the General Secretary of the South African Ryukyu Martial Arts Federation, affiliated under MASA and SASCOC and he serves on the national board of members of Shorin-Ryu Shorinkan SA.

This ardent policeman is an active member of the martial arts community and he has studied various forms of martial arts over the course of 35 years. These include Wushu, Judo and Kobudo (weapons training). He is also a self-defense instructor in the SAPS. Sensei Douglas opened his first Dojos in the gang-ridden northern suburbs of PE. He and a combined team of police officials and karate instructors transformed the lives of street children through the “Karate against Crime” project.

Seven years ago he moved from Port Elizabeth to Ceres and started making his mark in this Western Cape community. Now Sensei Douglas uses his fifth degree karate instructing skills to teach free martial arts and self-defense classes throughout the rural areas of the Western Cape. Besides teaching these skills to the youth in the Boland, he also reaches out to adult farm workers. In recent years, many of his students have earned their black belts and have competed in competitions provincially, nationally and internationally.

His honours and awards include:

- Community Builder of the Year (Boland Sports Council) 2011
- Farm Worker of the Year - Developmental work (Cape Winelands District Municipality) 2011
- Award Leader (President’s Award for Youth Empowerment) 2012
- President’s Award (Karate all styles) 2012
- Men for Change Chairperson’s Award (SAPS) 2013
- Qualified for full SACOC recognized Protea colours (Martial Arts South African Team) 2013
- 2nd runner-up of the provincial Policeman of the Year Award (SAPS Western Cape) 2014

This official of the Ceres Police Station is the spearhead of many internal policing projects and has also made a world of difference in the Western Cape community.

His projects have contributed greatly to streamline policing at the Ceres Police Station. His medals and Protea colours for martial arts are proof of a disciplined and focused sportsman. However, it is his successful community projects, such as the literacy programme,
Double gold and silver medalist (TAFISA World Martial Arts Games, Vancouver BC, Canada) 2014

Ceres Tourism Board Ambassador’s Award 2014

ATKV Woordveertjie Award for his “Reading For Life” project (ATKV) 2014

WO Douglas also serves as the Public Relations liaison officer for “Men for Change” (MFC) in the Western Cape.

Visit to California, USA

The SA Martial Arts team competed in Canada in 2014 and when they returned to South Africa in September 2014, WO Douglas took leave and travelled to San Francisco (USA) at his own expense. This visit was prompted by his interest in successful policing practices in the USA, which could benefit South Africa.

In Chico the Chief of Police and his staff immediately included WO Douglas in their information sessions and street patrols. He was able to familiarise himself with their criminal justice system and visited non-profit organisations in the city. During his visit he focused on volunteer work in the city, learned about the police’s internship programmes and studied effective social crime projects. He is eager to implement some of these community programs in the Western Cape.

Men for Change programmes

Three of WO Douglas’ long-term initiatives are the “Intimate Partner Violence” (IPV) Pilot programme, as well as the “Riding For Change” and “Beyond My Job Description” programmes.

IPV

WO Douglas believes that Intimate Partner Violence (IPV) cannot be successfully addressed by means of one-day awareness campaigns, but that a holistic approach, aimed at both the victim and the offender, is vital.

The IPV programme lies close to his heart. WO Douglas is a valued member of the IPV research team, driven by the University of Stellenbosch. (SA Medical Journal July 2012). He also serves as a member of the Ceres Provincial Hospital Board, appointed by the Department of Health.

Riding for Change

During the annual 16 Days of Activism against Violence against Women and Children campaign, the Western Cape MFC, under the leadership of Brig Lincoln, embark on the “Ride for Change” project, while still continuing with operational tasks.

The “Ride for Change” has grown in its popularity since its inception in 2012. Because Brig Lincoln and WO Douglas are both well-respected 5th degree black belts they are able to offer self-defense seminars to women in the communities of the Western Cape during the “Ride for Change”.

Beyond my job description

WO Douglas’ SAPS Ceres programme involves members voluntarily giving an extra ten hours of their time each month, to assist with the operational needs at the police station. During the 2013/2014 financial year WO Douglas donated more than 200 voluntary hours of extra operational work, as his gift to the Ceres community.

The programme was named “Beyond my job description” and MFC Western Cape adopted WO Douglas’ programme in 2013. The programme has been massively successful in the Vredenburg cluster and the gang-ridden precincts of Manenberg and Bishop Lavis.

Family

WO Douglas is married to Eugenie and they have two sons. He also has two more sons from his previous marriage, who are attending university. Six years ago he and Eugenie took in two boys from the street and they are now working and studying part time.

When asked how he holds his family together when he is such a busy man he says: “We enjoy doing everything together and we laugh together. We play cards and board games, we go for mountain hikes and the boys enjoy fishing with me. I am also very fortunate that they train with me. Most of the time we all travel together to tournaments and training ventures away from home.”

His advice to young members is: “Live in service of others and do more than what is expected of you. Understand that your task is God-given and not to be taken in blight. Your true value as a police member is not determined by your rank, but by what you mean to others.”

For more information about the programmes contact WO Douglas via email at: andries@dissipline.co.za

Sensei Douglas’ karate students have the benefit of his expertise and the added bonus of training in the breathtaking splendor of the Boland landscape.
Drug dependence applies to legal and illegal drugs that are consumed repeatedly, despite the negative consequences the drug use has on the life of the drug user and the lives of those close to him or her. Drug dependence indicates that the user is dependent on the drug, either physically, psychologically or in both ways, in order to function in everyday life.

**Symptoms of drug dependency**

A drug user may be or feel, dependent on a drug in many ways. Drug dependency may be regarded as the way in which the user compulsively and repetitively uses their substance of choice. Symptoms of drug dependency include the following:

- Drug tolerance: increasing the amount of the drug is needed to achieve the same high
- Withdrawal symptoms when not using the drug
- Severe cravings for the drug
- Taking dangerous amounts of the drug
- Fixation on finding ways to afford the drug, buying the drug and places to use the drug
- Needing the drug to function, for example, “to get going” in the morning
- Continuing to take drugs even when health, work, or family is being harmed
- Episodes of violence
- Missing work or school, or a decrease in productivity
- Failure to eat
- Not caring about one’s physical appearance.

**Stages of drug use that may lead to dependence**

**EXPERIMENTAL USE:** Typically involves peers, for recreational use (the user may want to defy parents or another authority)

**REGULAR USE:** The user misses more school or work, uses the drug to fix negative feelings, stays away from friends and family, may change friends to those who are regular users or show an increased tolerance and ability to “handle” the drug.

**DAILY PREOCCUPATION:** The user loses all motivation or does not care about school or work. Thinking about the drug is more important than anything else, including relationships. The user becomes secretive or may start dealing in drugs to support the habit. The use of alternative drugs may increase or legal problems may increase.

**What is drug dependence?**

**DEPENDENCE:** The user cannot face daily life without the drugs or denies having a problem. His or her physical condition becomes worse or he or she loses control over the drug use. He or she may become suicidal, their financial and legal problems become worse and they may have broken ties with family and friends.

**Treatment**

Treatment for drug abuse or dependence begins with recognising or accepting the problem. Even though “denial” used to be considered as a symptom of addiction, recent research has shown that people, who are addicted, are far less in denial if they are treated with empathy and respect, rather than being told what to do or confronted.

Treatment of drug dependency involves stopping drug use, either gradually or abruptly (detoxification), support and staying drug free. Treatment depends on the drug being used.

Residential treatment programmes monitor and address possible withdrawal symptoms and behaviour.

The treatment programme includes counselling for the person (addict/abuser) and perhaps the family, in group therapy (group settings).
Drug abuse treatment programmes have a long aftercare part (when the user is released from the treatment facility and provides peer support.)

The South African Police Service’s Social Work Service has a substance dependency programme, which deals with:

- reasons for people taking drugs
- causes
- types of drugs
- effects of the substance (physically, psychologically, socially and spiritually)
- support available for users.

In cases where commanders refer members who abuse drugs, or addicted members volunteer to refer themselves (self-referral), proper assessment is done, which enhances the process of referring the member to institutions and dealing with substance dependency/addiction. On completion of the programme, members are encouraged to attend the aftercare services to avoid relapse, and proper arrangements have to be made to continue offering support to the family.

**Aftercare services**

Aftercare services are meant to make members aware that a relapse may be prevented by putting in place a workable and realistic plan of action.

Aftercare sessions allow group members opportunities to reflect on their relapse prevention plans and share experiences with others.

Members are usually referred to admitting institutions, such as SANCA or Stabilis for aftercare groups or non-governmental organisations such as Narcotics Anonymous (NA) and Alcoholics Anonymous (AA). Many people, who are recovering, find it helpful to attend meetings of support groups, such as the AA and NA frequently, at least once or more a day in the early weeks or months of recovery. A flexible working schedule may be very useful.

**Reintegration – Back to work**

The social worker’s role is very important at this stage and he or she should work with the member’s supervisor/commander.

- The possible threat of losing a job is a strong motivator for an addict to take the treatment and recovery seriously, so chances are good that an employee, who received treatment, will return to being a valued and loyal member of the organisation. Helping an employee to recover and keep a job demonstrates commitment and concern and benefits his or her morale.

- Commanders should remember that addiction is a chronic disease and recovery from it is an ongoing process.

- Commanders and colleagues should take into consideration that a brief relapse is not necessarily a sign of treatment failure and if discovered soon enough, it will not necessarily prevent recovery.

- Employees who are already recovering from addiction can encourage and support the newly recovered members.

**References:**

Griswold, KS; Atronoff, H; Kernan, JB; Kahn, LS. Adolescent substances use and abuse: recognition and management. Am Fam Physician.


**Should you need** any support or more information on substance use dependency and abuse, please do not hesitate to contact the Substance Dependency Desk at 079 880 5966/012 393 5232 or matholet@saps.gov.za or the Social Work Services’ standby number at 082 301 2138. You may also contact any social worker in your province or division.
BEHOLD THE HAND THAT GIVETH

By Sgt Philani Nkwalase

The late South African reggae music legend, Lucky Dube’s song, entitled ‘Blessed is the hand that giveth’, attempted to provoke those who have more, to generously give to the less fortunate. He sang “Are you feeling (the) pain, when you see another man starving, are you feeling (their grief), when you see another man with no food, does it make you feel pain to see another man without?”.

It is very inspiring whenever you see people who do not necessarily have much, but overcome the fear of not having enough. This is what Mr Layton and his wife, Mrs Cleopatra Hills, are doing in the Promosa community. Their passion for kids and the elderly drove them to start a feeding project for the children and elderly persons in their area. They felt this need because some parents in their community are unemployed. This concern shaped their vision to share the little they have with the elderly and the vulnerable children in their community, by providing one meal a day.

Mr Layton Hills is working as an administration clerk for the North West Provincial South African Police Service and his wife, Cleopatra Hills, is working as a nurse at the Potchefstroom Provincial Hospital. Mrs Hills uses her off-duty days to run the programme and the kids have become used to her working schedule. They usually gather at her house after school, to have their meal. They also accommodate those that are not yet ready for school.

They started this project about a month ago and over 50 kids enjoy at least one meal per day. Mr and Mrs Hills said that they wish to provide a more well-balanced diet, but are limited by financial constraints as they are running the project at their own cost. Hence, donations from willing hearts would be appreciated in sustaining this project.

COPPER THIEF CAUGHT IN THE ACT

By Lt Col Hendrik Swart

A 27-year-old man was arrested by members of the flying squad in Kimberley, after they received information about a man who was pushing a wheelbarrow in a street in Lerato Park, Roodepan, Kimberley.

When following up the information, Warrant Officer Machiel Jacobs and Constables Herald Motsabe and Ephraim Thosani, indeed found the man pushing a wheelbarrow in broad daylight with about 120kg of copper cable, to the value of R50 000,00.

The man was arrested for possession of property suspected to have been stolen and the copper cable was seized.

After further investigation it was found that the copper cable had been part of an upgrading project for new houses in the area. The cable is the property of the Sol Plaatje Municipality in Kimberley.
The Wynberg Regional Court has sentenced a Fish Hoek resident to four life imprisonment terms, for raping his girlfriend’s daughter over a period of two years.

In addition, the court sentenced the 60-year-old man to a total of nine years’ imprisonment for indecent and sexual assaults.

Magistrate, Jasper Cloete, supported by State Prosecutor, Nina Meyer, did not order that the sentences run concurrently, meaning that the man will not ever be released from prison.

On 11 March 2015, the courtroom was packed with people when the accused appeared in court for the sentencing.

Between 2006 and 2009, the victim was between nine and 11 years old when she was raped and assaulted.

The accused was convicted on seven counts. The sentences were as follows:

- **Count One**: Indecent Assault – two years’ imprisonment
- **Count Two**: Indecent Assault – five years’ imprisonment
- **Count Three**: Rape – life sentence
- **Count Four**: Rape – life sentence
- **Count Five**: Rape – life sentence
- **Count Six**: Rape – life sentence
- **Count Seven**: Sexual Assault – two years’ imprisonment.

The court congratulated D/Sgt Etienne Gradwell of Muizenberg FCS for his good investigating work.

He was supported by D/WO Henry Abrahams and the FCS Commander, Capt Lillian Orphan.

The trio was awarded with prestigious certificates by the Provincial Commissioner, Lt Gen Arno Lamoer.
Thursday, 12 March 2015 heralded a new era for the SAPS cadets, who started training at the Tshwane Training Academy in 2013. Clad in their blue ceremonial uniform, the newly co-opted members of the SAPS showed hunger, dedication and determination to fight the scourge of crime across the length and breadth of South Africa.

The trainees successfully completed the two-year Basic Training Learning Programme, which is an NQF 5 programme. It entails attending the Basic Police Development Learning Programme in the SAPS Academy for 10 months. This is followed by Field Police Development (practical training at police stations for 12 months, of which six months are allocated to the Client Service Centre and six months to crime prevention) and a final integrated assessment within the academy for two months to evaluate the theory and the practical training.

Gen Phiyega and her entourage inspected the class of 2013 at the recent pass out parade held at the SAPS Tshwane Training Academy.

Gen Phiyega further enlightened the new members on how the SAPS is held in high regard. She said that it was expected of them to uphold the good name as they joined the organisation. “As you leave here today, going to serve communities across the country, never forget that you are the custodians of the law,” said Gen Phiyega. She highlighted that the SAPS chairs the SADC region member states and spearheads initiatives against cross-border crimes.

She urged the men and women in blue to embrace the multiplicity of their roles in the society, since society perceives a police official as a jack of all trades.

Speaking to the “POLICE” magazine, Const Sindiso Asurance Mbiko said that he was proud to have completed the course. He promised the nation that he would serve them with pride and apply the Batho Pele principles.

He went on to warn criminals and said: “Watch out criminals. We are coming out there to catch you.”

Lt Gen Mbekela was one of the dignitaries who reminded the new members that policing was not merely a job, but a calling. She also called on their parents and family members to support them in this calling. “It’s a daunting task. Support them, keep them in your hands and keep them in your prayers. They will need that,” said Lt Gen Mbekela. Lt Gen Mbekela further told the new members to stay in shape, the same way they did while undergoing training. “A policeman or woman who is out of shape is an embarrassment to the organisation,” she said.

In closing, Lt Gen Mbekela echoed Gen Phiyega’s sentiments and emphasised that the new members must not disgrace the SAPS badge by being caught on the wrong side of the law.
Const Craig Phillips of the Port Elizabeth K9 Unit and two members from the Gelvandale Police Station recently arrested two suspects and recovered a firearm and ammunition. Const Phillips was attending a complaint in Durban Road, Korsten, in front of a supermarket, when he noticed a grey colour VW Polo that was reversed into a parking. The vehicle was moving forward slowly and then it appeared as if the driver must have seen the K9 unit’s vehicle in the street, because he reversed back into the parking.

Const Craig Phillips was alert and called for assistance from the Gelvandale Police Station, to search the suspicious vehicle. The police members parked their vehicles in Durban Road and walked around the corner to Boston Road, where the vehicle was idling. The members requested the suspect to switch off the vehicle, get out of the vehicle and stay present while they searched it. The members searched the vehicle and found a 9mm firearm with 16 rounds hidden under the passenger seat. The members immediately questioned the suspects but they claimed that they had no knowledge of the firearm.

The officials arrested the suspects for the illegal possession of a firearm and ammunition. The LCRC was contacted to examine the firearm and the vehicle was taken to the vehicle examination room at the Mount Road Police Station.

Robberies with firearm and gang-related violence are a big concern in the area and the recovery of this firearm possibly prevented a robbery or a gang-related shooting. The commander of the K9 unit commended the member for being alert while attending to complaints. Every illegal firearm that is removed from the street is equal to a life we have saved.
Former police officer, Kenneth Mogadime (top), and his accomplice, George Matsimela (bottom), were sentenced to life imprisonment after the Bronkhorstspruit regional Court handed down five life sentences and 25 years’ imprisonment to two suspects who have been terrorising communities in Bronkhorstspruit, Pretoria North, Babsfontein, Cullinan and Silverton.

George Matsimela was sentenced to four life sentences and 19 years’ imprisonment after the court had found him guilty on three counts of rape and five counts of armed robbery. Accused number two, Kenneth Mogadime, a former policeman, was given a life sentence and six years’ imprisonment for one count of rape and five charges of armed robbery. The two are serving their sentences at the Kgosi Mampuru correctional facility in Pretoria.

Speaking to the “POLICE” magazine, WO Johannes Nyalungu of the Family Violence, Child Protection and Sexual Offences Unit (FCS) in Bronkhorstspruit, said the two suspects started terrorising communities in 2010. Their modus operandi involved targeting people who were hitchhiking between Pretoria and Bronkhorstspruit. The suspects would then drive to the bushes and sometimes to secluded areas where they would rob the victims of their belongings. Female victims were then robbed and raped as a result. The victims opened cases at various police stations like Bronkhorstspruit, Cullinan and Sunnyside and investigations were initiated.

“"Their last attempt was when they gave a man who was going to Bronkhorstspruit, a lift and robbed him. After being robbed, the victim found assistance from a passerby, who helped him to contact the police and he gave a description of the green Toyota Tazz that they were travelling in,” said WO Nyalungu. The police located the suspects’ vehicle after receiving the information on their radios and the suspects were apprehended. Their DNA samples were taken and the victims also positively identified them at identification parades.

“I feel great that we have finally managed to secure a harsh sentence for these merciless people who were troubling our communities. It took a lot of determination and hard work to investigate these cases, but we always knew that the net would close around them. It gives me huge satisfaction to see that victims still believe in the system and I am proud to have helped them deal with their trauma,” said WO Nyalungu.
On his blog, IT consultant, Liron Segev of The TechieGuy, explains: “WhatsApp users are used to upgrading their application about every three months. Unfortunately cyber criminals have spotted the opportunity to defraud WhatsApp users by sending an SMS, warning them that they could lose all their data, if they fail to upgrade their WhatsApp immediately. This message is followed by a link to upgrade the application. When users comply, the link redirects users to a different website. While on the website, users would assume that they are upgrading their WhatsApp, but in reality they have unknowingly registered for a subscription service that costs R7.00 per day.” At the end of a month, a user could be charged about R210.00 for just using WhatsApp. A number of cases have been reported, where users apparently subscribed unknowingly for an application known as Buddiechat.

Vodacom, one of the biggest cellular service providers in South Africa, are serious about the fight against cellular phone cybercrime. Vodacom spokesperson, Richard Boorman said that the company had set up a crowd-sourcing “scams tab” on its Facebook page, where people can post suspicious SMSs. “The information received will be directed straight to our fraud and risk team, who will investigate and block any numbers involved in scams. We also post the most recent scams to alert users on some of the common fraudulent SMSs doing the rounds.” The link is: https://www.facebook.com/Vodacom/app_311682605533427?ref=page_internal

“Vodacom will act against other service providers who are trying to circumvent the rules. This will include revoking the supplier’s access to the network and to their customers,” he warned.

My Broadband issued the following tips to unsubscribe from a wireless application service provider (WASP) from Cell C, MTN and Vodacom:

**CELL C:** Dial *133*1# – for subscribers to block all existing and future content billing

**MTN:** Dial *141*5# – to select which service(s) to unsubscribe from

**VODACOM:** Vodacom users can unsubscribe from all WASP services by sending an SMS reading: “STOP ALL” to 30333.

Cellular phone users are warned to check their cellular phone accounts and debit orders monthly and to report suspicious transactions to their service providers immediately.
The Western Cape SAPS held its second annual sports day at the SAPS Pinelands Sportsgrounds, where several sports codes competed.

On 25 March 2015, the Western Cape SAPS Provincial Management announced that the sports day event will be held quarterly.

Management challenged members belonging to the various sports codes, to collect at least R10 000 among themselves for upgrading the sportsgrounds and the repair of the grandstand.

The sports day is being held to improve the members’ fitness and to enhance service delivery in communities.

In a pulsating seven-a-side final rugby match, the Ceres Cluster took the trophy by beating a determined PSS side with a score of 17-12.

Overall, the Cape Town Cluster finished 1st, the Khayelitsha Cluster 2nd and the Provincial Detectives 3rd.

In an exciting match, Lt Col Gammie Jephta and AC Riaan Baadjies (HRD) won the final tennis doubles match, claiming the trophy.

Gideon SAC Nobangela and AC Jerome Carolissen spearheaded a win for the Vredenburg Cluster in the final Volleyball match. They beat the Bellville CR/CSM team with a score of 21-16.

The day was marked by different sports games and braais, ending with members showing much appreciation for the fun day.
PLEASE HELP US LOCATE THEM...

MISSING PERSONS

SHAHIEL SEWPUJUM
(9) Male
Last seen: 2015-02-05
The missing person left for school and has not been seen since.
Phoenix CAS 1/2/2015
Investigating officer: WO MS Mfeka
Tel: 031 508 2389

THABO MTHEMBU
(15) Male
Last seen: 2015-02-02
The missing person left home and has not been seen since.
Kwadabeka CAS 2/2/2015
Investigating officer: Sgt H Ntenza
Tel: 031 711 9940

NHLAMULO WEBSTER CHAUNE
(16) Male
Last seen: 2015-01-01
The missing person left home and never returned.
Soshanguve CAS 1/1/2015
Investigating Officer: Capt LBT Diale
Tel: 012 711 9125

SIPHELELO NGIDI
(18) Male
Last seen: 2014-07-06
Missing person left home and has not been seen since.
Emanguzi CAS 72/7/2014
Investigating Officer: WO TJ Gumede
Tel: 035 592 2020

NJINGA PHUMLANI SITHOLE
(22) Male
Last seen: 2014-12-22
Missing person left home and has not been seen since.
Kwadabeka CAS 2/1/2015
Investigating Officer: Sgt H Ntenza
Tel: 031 711 9940

SANDILE TRESSURE MKHIZE
(32) Male
Last Seen: 2014-10-01
Missing person left home and has not been seen since.
Inchanga CAS 1/1/2015
Investigating Officer: WO ZP Mthethwa
Tel: 031 783 4441

AYANDA ROBIN
(32) Female
Last seen: 2015-03-02
Missing person left home and has not been seen since.
Mamelodi East CAS 4/3/2015
Investigating Officer: Const KE Nong
Tel: 012 815 7081

ANNE ANNIE HALLER
(72) Female
Last seen: 2014-12-30
Missing person left home and has not been seen since.
Muizenberg CAS 1/1/2015
Investigating Officer: Capt SW Knapp
Tel: 021 787 9000

SEFATA ABEL SELEKANE
(82) Male
Last seen: June 2014
Missing person left home and has not been seen since.
Dientjie CAS 1/2/2015
Investigating Officer: Const KD Malele
Tel: 013 768 1187
The South African Police Service (SAPS) request urgent assistance from members of the public in tracing the following alleged perpetrators wanted in connection with various criminal offences committed countrywide.

**WANTED IN CONNECTION WITH MURDER**

Noyana Maphasa
Investigating Officer: WO SL van Aswegen
on 053 6329800 or 082 446626

**WANTED FOR DEALING IN ILLEGAL SUBSTANCES**

Happy Patricia Miya
Investigating Officer: Sgt AM Gomba
on 011 9775467 or 0821826332

**WANTED IN CONNECTION WITH HOUSE BREAKING**

Christie Christo Nero
Investigating Officer: Sgt DJH Links
on 027 8318018 or 082 3020435

**WANTED IN CONNECTION WITH HOUSE BREAKING**

Marius Fortuin
Investigating Officer: Capt HRR J Leslie
on 044 9238019 or 082 4418138

**WANTED FOR DEALING IN ILLEGAL SUBSTANCES**

Fernand Coulibay
Investigating Officer: Const SM Masuku
on 011 9775475 or 082 8226332

**WANTED IN CONNECTION WITH HOUSE BREAKING**

Shaun Anthony Gerber
Investigating Officer: WO J Mapoe
on 044 9238000 or 082 4417695

**SAPS CRIME STOP**

08600 10111

OR SMS INFORMATION TO CRIME LINE NO. 32211

( YOU MAY REMAIN ANONYMOUS )

20 YEARS OF POLICING IN A DEMOCRACY